

AIDS Community Resources and Support Systems

Having a good support system is very important when you have HIV. You need people who understand what you are going through to listen, give advice and tell you about services in your area. Look in your newspaper for a listing of services and support groups. Many churches offer help, such as people to do chores, support groups, transportation and special events for those with HIV/AIDS and their partners. There are also groups that can run errands for you (like grocery shopping) or provide daily meals delivered to your home.

Ask your nurse about these.

The following may also help:

American Sexual Health Association Resource Center Hotline

ashastd.org

1-919-361-8400

info@ashasexualhealth.org

The Body

thebody.com

HIV/AIDS Treatment Information Service

aidsinfo.nih.gov

1-800-448-0440

Project Inform Treatment Hotline

projectinform.org

1-800-822-7422

Monday -Friday, 10 am-4 pm (PT)

CDC National Hotline

cdc.gov/hiv

1-800-232-4636

TTY: 1-888-232-6348

8:00 am – 8:00 pm (EST), Monday – Friday



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The National Hospice and Palliative Care Organization

1731 King Street, Suite 100

Alexandria, VA 22314

nhpco.org

1-703-837-1500

Solutions Center: 1-800-646-6460

Provides information on hospice locations in your area.

Institutional care ranges from residence centers for ambulatory patients to nursing homes for bed-bound patients with continual needs.

Visit caringinfo.org/stateaddownload to view and print a copy of your state's advanced directives (living will or healthcare power of attorney).

For confidential assistance in applying for social security disability benefits, call the Social Security Administration at 1-800-772-1213 (offers service in English and Spanish). You may also request a personal earnings and benefit estimate statement (PEBES) to help you estimate the retirement, disability and survivor benefits payable on your social security record.

